

## DISCLOSURE STATEMENT

ALISON HADLEY, LICSW-DCSW-MENTAL HEALTH CONSULTING  
TUMWATER, WA 98512 509-481-5590 /[alison@alisonhadley.com](mailto:alison@alisonhadley.com)

### Education & Training

LW60003644- WA State

Master of Social Work: Eastern Washington University- March 1980

BA, Psychology: Eastern Washington University-December 1975 (also attended Washington State University & University of Hawaii, Manoa Campus)

Thousands of hours of post-graduate training in mental health under supervision to receive Academy of Certified Social Workers and Diplomate Status through National Association of Social Workers

Previous Certification in EMDR

Inactive Certification for Educational Staff Associate School Social Worker, Continuing Level through Office of Superintendent of Public Instruction (State of Washington)

Certified Gestalt Psychotherapy for Children & Adolescents through Oaklander Institute (Santa Barbara, CA)

Certified Clinical Hypnotherapist (CHT 696-236 of American Council of Hypnotist Examiners)

Advanced Coaching for Success through Maria Nemeth, PhD., & Associates

WA State Approved License Supervisor

Letter of Accreditation from the National Social Work Qualifications Board (An Bord Ca'ili'ochtai' Na'iaiu'nta d'Obair Sho'isialta, Ireland) in 2005; and Certification of Registration (#1096029 from General Social Care Council (UK) in 2005. Both are inactive.

### Basic Approach to the Counseling Process:

I believe in the "I-Thou" respectful relationship described by philosopher Martin Buber. It is the relationship between counselor and client that can transcend any one intervention strategy. "It is the relationship itself that heals." Being a Fair Witness, an active listener, offering feedback, and encouragement are key factors in the counseling process. Techniques to achieve client goals are also important, as the client wants to not only 'feel' heard, but also see positive results in their life. Coaching and accountability can play an important part. Counseling is a Partnership. My approaches to mental health are eclectic and draw from a variety of sociological & psychological frameworks: systems theory, behaviorism; attachment theory; motivational theory.

**Confidentiality:** Federal, State, and National Association of Social Workers' Codes of Ethics inform my policies on confidentiality. Your records are protected and can be requested by you or others with Authorization. Exceptions to the laws are danger to self or others, requirements

of your insurance, enforceable subpoenas, or review for quality assurance by Department of Health reviews. You are always informed and involved in every instance.

**Financial Arrangements:** My fees are based on insurance allowable rates and standards of practice. Fees are negotiable for those who wish a sliding fee scale and may not have insurance. Please discuss this with me and we will come to an agreement that feels reasonable given your situation. Please provide me with 24-hr. notice if you are unable to make your appointment.

**Goodness of Fit:** You have the right to change counselors, or change modalities of treatment at any time, or question and refuse any treatment suggestion made. If you feel the relationship isn't working satisfactorily, please discuss this with me, and I can assist in the referral process. Similarly, I may feel that what you need would be better served by another professional, perhaps in another specialty area. I will discuss it with you also, and we can collaboratively plan what is best.

**Complaint Process:** If for some reason you cannot, or do not want to discuss concerns directly, you always have the right to contact the Department of Health (Professions Quality Assurance):

<https://doh.wa.gov/licenses-permits-and-certificates/file-complaint-about-provider-or-facility>

or phone: 360-236-4700 ; address: PO Box 47879 Olympia WA 985047879

Additional information: RCW 18.130.180

"I ACKNOWLEDGE MY UNDERSTANDING OF THE ABOVE INFORMATION:"

SIGNATURE-----

DATE-----

COUNSELOR SIGNATURE-----

DATE-----

Copy of this document to be provided